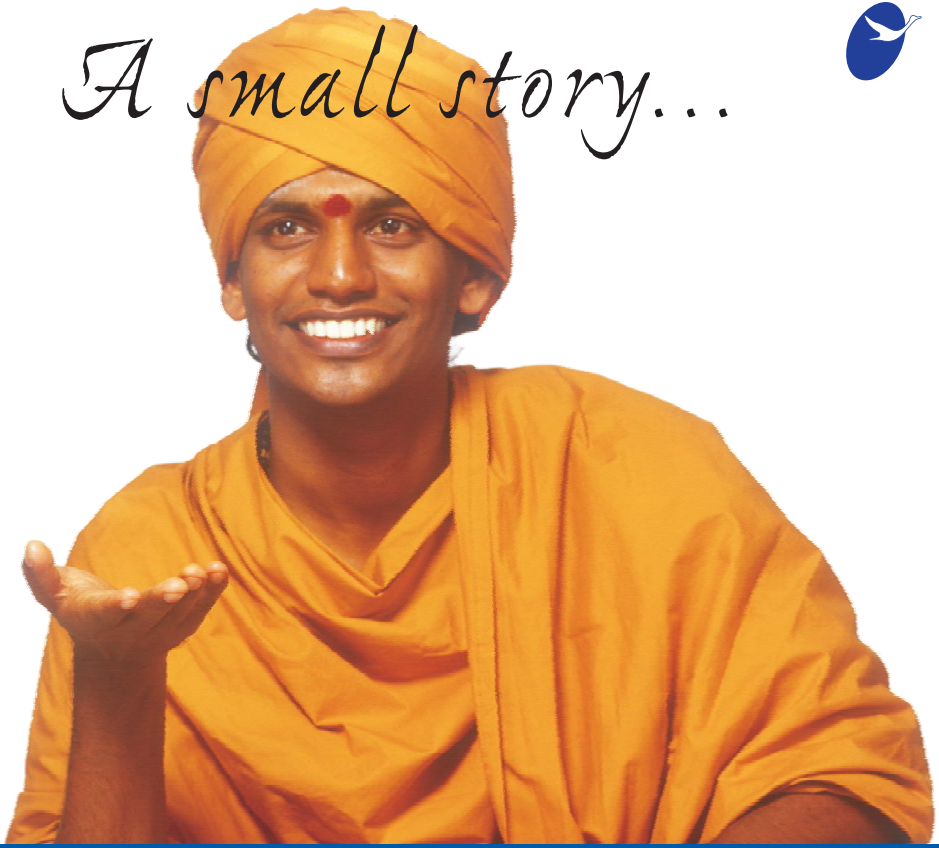
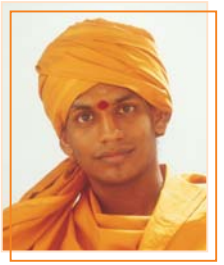
# A small story...



the parables of swami nithyananda



*Truth is*
*better expressed*
*in fiction*
*than in facts!*
*- Swami Nithyananda*

*Created by SWAMIJI'S DIVINE GRACE through RAJI*

All rights reserved.

No part of this book may be reproduced or transmitted in any form or by any means electronic or by any information storage and retrieval system without permission in writing from Dhyana Peetam.

**Paramahamsa Sri Nithyananda Swamigal** is a truly revolutionary spiritual master of our century.

Swamiji embarked upon his spiritual journey at a very young age. He traversed the length and breadth of India on foot, studying with great masters in India and Nepal and practising intense *tapaścarya* with extraordinary vigour. He experienced with the final flowering of consciousness on 1st January, 2000 - the sacred day of his Enlightenment.

With a pragmatic yet compassionate approach to life and spirituality, and an enlightened insight into the core of human nature, Swamiji has reached out to touch millions of hearts across the world.

Swamiji's mission is simple - to awaken the divinity that lies latent in man. To this end, he inaugurated the worldwide movement for meditation - **Dhyana Peetam** - on 1st January, 2003. With its spiritual nerve centre in Bidadi (near Bangalore) and over 100 centres around the world, Dhyana Peetam works towards the transformation of humanity through the inner transformation of the individual. Swamiji's divine healing powers and simple, practical meditation techniques help you blossom in every sphere of life - be it physical, emotional, intellectual or spiritual.



*Anyone who has attended Swamiji's vibrant discourses will surely recall the many 'small stories' with which they are sprinkled.*

*Drawn from folk-tales, Zen anecdotes, comic books and from his own experience, these stories are small only in size. Hidden deep in each simple story is a profound insight into human nature, which Swamiji draws out with gentle humour and infinite compassion.*

*Some of Swamiji's most popular parables are presented here. As always with these anecdotes, go easy on the factual details, just enjoy the spirit of the tales!*

# CONTENTS


01 / On PAIN / The Uninvited Guest 06

02 / On PAIN / A Flash of Lightning 07

03 / On THE MIND / Who is the Driver? 08

04 / On MEDITATION / Learning to Fly 10

05 / On THE MASTER / The Blind Man & The Sage 12

06 / On THE MASTER / The Fast-Asleep Sheep-Lion 15

07 / On THE SEEKER / The Lost Coin 18

08 / On THE SEEKER / How to cross the River? 20

09 / On THE EGO / Don't be a Donkey! 21

10 / On THE EGO / The Worry Exchange Offer 23

11 / On AWAKENING / To become a Buddha 25

# *1 / THE UNINVITED GUEST /*

Why do you complain about pain and disease in your life, as if they were your enemies? Aren't they your dearest friends, whom you have invited to your home like honoured guests?

What, you don't believe me? Listen:

Nitti Mudaliar entered a restaurant and began ordering vast quantities of food. Platefuls of steaming *idlis, dosas* and *jalebis* made their way to his table. He ate with relish. After a hearty meal, Nitti finally signaled the waiter to stop bringing in the food. The waiter duly returned with a little white slip.

"What is this?" asked Nitti, looking at the bill innocently. "Why have you brought me this? I hadn't ordered anything like this!"

*/ Just the same way, we too invite pain and disease upon ourselves with our excessive lifestyles – only to forget all about it and complain later when the guest has arrived at the doorstep! /*

## *2 / A FLASH OF LIGHTNING /*

Two men, one a *gnani* (enlightened person) and the other a haughty landowner, were traveling through a forest. Night had fallen and everything was steeped in deep darkness.

Suddenly, a shaft of lightning flashed in the sky.

The landowner began to tremble in fear of the impending storm. His mind was immediately given over to confusion. *Should he walk on? Or should he find a safe place to stop till the storm was spent?* The man began wishing that he had never decided to undertake this journey. He cursed himself as foolish and unlucky.

The *gnani,* on the other hand, simply used the moment to take a better look at the road ahead. He ensured that he was traveling in the right direction, thanked the lightning for its help, and moved onward.

*/ Pain is like this flash of lightning. Whether you use this pain intelligently to find your answers, or simply get used by it, is up to you! /*

## *3 / WHO IS THE DRIVER? /*

Nitti Mudaliar once purchased a new car and went off on his first ride. On and on he went, mile after mile through the city.

People watched in admiration, but the truth is, Nitti was in a frenzy of fear. Why? Because soon after he launched out, he had realized that he knew everything about how to run the car – except how to stop it!

Luckily for everybody, the car finally came to a stop after colliding with a tree.

A stunned passerby enquired of Nitti, "What's wrong with you? Don't you know how to drive?"

"Of course I do", cried Nitti indignantly, "I only don't know how to stop!"

*/ So, would you say that Ntti was driving the car, or being driven by it? Before you point a finger at Nitti, remember that you*

*too are 'driving' a vehicle which you don't know how to stop - your MIND.*

*Just try to stop, even for a moment, your inner chatter. Can you? When you try, the gushing of thoughts becomes uncontrollable, doesn't it? It's as if you are fastened with a seatbelt and the vehicle is free to move in any direction it pleases!*

*At least, in a physical accident, you stand to lose only one one life – but when we become slaves to our inner chatter, we could spend life after life being taken for a ride.*

*So use your mind to move around in the world, certainly - but make sure just who's in control! /*

## 4 / LEARNING TO FLY /

This is a modern fable!

After World War I, a biplane was found abandoned near a remote tribal settlement in Asia.

Never having seen an aircraft up close earlier, the tribal folk assumed that it must be some strange sort of bullock cart - which was all they had seen on wheels. News spread in the village about the new bullock cart. The biplane was proudly taken around the settlement yoked to bullocks, and people came to see and admire it.

Some weeks later, one intelligent young tribal lad who had returned from a trip to civilization, inferred that all those buttons and switches on the display panel must have some purpose. So he fiddled around with them till he got the biplane to taxi around a bit. This amazed the tribals - the bullock cart could move around on its own! The young lad, who had seen tractors at work in

the faraway villages, declared that this was no bullock cart, but a tractor! The bewildered tribal folk agreed, and the biplane began to be used as such. (Quite an inconvenient tractor, it must have been!)

But it took a war veteran, stumbling upon the settlement many months later, to rev up the engine, operate the gears and fly the biplane right up into the sky, fulfilling the purpose for which it was made.

*/ This is the story of your life! Most of us treat our life, our potential, like a bullock cart. Some use it like a tractor. But how many of us can transform it into an aircraft? The power to fly is there within you, but can lie latent forever unless you learn how to operate the gears. These 'gears' are the meditation techniques I teach you, to lift you from the lowest plane to the highest. It doesn't matter which technique you use, as long as it gets you flying! /*

## 5 / THE BLIND MAN AND THE SAGE /

One morning a blind man, who lived in a tiny village in the Himalayan foothills, was making his way from his home village to the neighbouring one. He knew his way well, but the previous night it had snowed heavily and the paths were wet and slippery.

Suddenly, the man stumbled against something. Picking it up and feeling it with his fingers, he noticed that it was a nice long stick, perfect to use as a staff. Pleased at his discovery, the man continued on his way, holding out the staff before him to help him along.

Soon he passed a tree under which sat a sage. The sage called out to the blind man in alarm, "Be careful! What you are holding in your hand is a frozen snake!"

The blind man was surprised. "A snake? Oh, no - this is a perfectly good staff I'm holding. It's been of great help to me all this time!"

"No, no, it's a snake! Let go of it, I warn you!", cried the sage,

"you cannot see how poisonous it is. Sooner or later it will kill you."

Now the blind man became suspicious.

"Why are you so concerned about me anyway?", he asked angrily. "There must be some reason.... Aha, I get it! You want to take this staff away from me, you wicked man! You'd better find yourself another staff, because I'm not going to part with this one."

"I have no use for your staff, for I have eyes to see", said the sage wearily. "I'm only trying to help *you* see that it is a snake you hold."

But the blind man refused to heed the sage. Leaning on the staff, he went on his way, proud that he hadn't let the sage make a fool of him.

As it neared noon, the sun grew warmer and the snow began

to melt. The staff in the blind man's hand stirred to life. The man was puzzled. *Was the sage right? Should he throw the staff away?* But still he hesitated. *Such a nice staff...!*

As he as wondering what to do, the 'staff' uncoiled, sank its fangs into his hand and killed him on the spot.

*/ When you approach a master, examine yourself carefully. What is the staff* ***you're*** *carrying? Money? Power? Intelligence? Ideologies? He has no need for any of them. And he will most likely warn you that these are snakes, poisonous snakes. Whether you continue to hold on, to decide to let go, can decide your destiny! /*

## 6 / THE FAST-ASLEEP SHEEP-LION /

Once upon a time in a jungle, a lioness died soon after giving birth to a cub. The day-old cub, weak and hungry, was found by a flock of sheep grazing on the mountainside nearby. Taking pity on the cub, they took it into their fold. In the constant company of the sheep, the lion cub learnt to feed on grass, bleat like a sheep and even acquired a proper terror of lions.

One day, a lion sprang an attack on the flock. To its astonishment, it saw among the sheep a real lion, bleating and fleeing like the rest! The lion went straight for the squealing cub and dragged him off.

'Please have mercy on this poor sheep!', cried the cub.

The lion realised that the cub had no idea who he really was - and there was only one way to win his trust.

"Don't worry, I won't eat you. Actually, I'm just a sheep myself. I just look a bit different, that's all", said the lion sweetly.

The cub was still suspicious, so to prove his point the lion set him free. But the next day he returned and dragged off the cub again. This time the cub wasn't so afraid, and stayed with the lion a little longer. Day after day this drama went on, and slowly the lion cub began to slip out of its own accord to join his interesting new friend whom he had begun to secretly admire.

On day the lion asked casually, "Why don't we go deeper into the forest and get a drink of water from the river?"

"Oh, no! I'm afraid of all the wild animals!" cried the cub.

*You idiot! The moment they see you they'll flee from you instead!* thought the lion, but aloud he said, "Don't worry, I'll take care of you."

So they went to the river. Just as the cub stooped to drink,

the lion pushed his face over the water, forcing him to see, for the first time, his own reflection.

"You fool, don't you see who you are! You and I are no different! We are Lions, the Kings of the Jungle!" roared the lion.

In a flash, the cub understood his true nature. After this revelation, no hesitation remained, no confusion, no more fear. He turned and walked proudly with the Lion into his Kingdom.

*/ The Master reflects your own inner being. And whether you like it or not, he will show you your true face; he will bring you face to face with the awesome Divine hidden inside you. To do this, he may work in mysterious ways: he may push you, hurt you, cajole you, even deceive you till you are ready for the truth. Are you prepared? /*

## 7 / THE LOST COIN /

One evening Nitti Mudaliar was found searching earnestly for something in the courtyard before his house. When his wife asked him about it he replied that he had dropped a coin. His wife joined in the search. Soon others gathered and practically the whole neighbourhood was searching for the lost coin, to no avail.

Suddenly one young man asked Nitti, "Which is the precise point where you dropped the coin? Even half an hour's search has yielded no results!!"

"Oh," said Nitti, "I lost the coin inside the house".

"Then why are we searching *here*?", cried an amazed neighbour.

"The problem is", said Nitti, "I have no lights inside my house. Out here at least there's the streetlamp. We can search by its light."

*/ Before you laugh at Nitti, remember we are all experts at searching for answers in the wrong places! We seek to find ourselves everywhere - in money, power, relationships, ideologies - but fail to move in the one obvious direction - inwards. The first step towards awareness is realizing that the coin you have lost is inside your own house. Then you'll automatically stop searching for it in the streets! /*

## *8 / HOW TO CROSS THE RIVER? /*

There is a Zen story:

A master and his disciple were on their way from one village to the next. At the border of the villages flowed a shallow stream, which they usually crossed by wading through it. This time, they dicovered that due to heavy rains, the stream had swollen into a small river, too deep to wade across.

The disciple was alarmed, and enquired of the master, "Should we attempt to cross this river, Master?"

Replied the master with a twinkle in his eye, "Certainly you should cross the river, my child. Just remember not to get your feet wet!"

*/ This is the true meaning of* sannyas. *When you can cross the river of* sansar, *but the* sansar *can no longer wet you, you have found* sannyas. /

## 9 / DON'T BE A DONKEY! /

In one of South India's famous temple towns lived a donkey. It led a lazy and comfortable life, just outside the temple of the popular local deity. Pilgrims to the temple usually fed it tidbits, and it was privileged to eat the remains of the free meals served at the temple everyday.

The biggest celebration held in the town every year was on the deity's birthday. On that day, the deity's idol was customarily brought out of the temple in a big procession that traveled around the town, so that people could pay their respects. One year, the townspeople chose our donkey to carry the deity's idol. Accordingly, the donkey was bathed and dressed in silk and finery, and made ready for the event. As the procession traveled down the streets, the donkey was amazed to find that people were bowing low before it, performing *aarati* and *pooja* and offering it the choicest sweetmeats.

The donkey had no idea what the fuss was all about. By and by, its became certain that overnight it had become a great soul, a hero. *Maybe I have become enlightened!*, it thought. It started to walk with a swagger and looked contemptuously upon the other animals on the streets. As the day wore on, the donkey began to tire of carrying the idol upon its back. *Why should I struggle under this heavy burden? After all, I'm a great soul now! I don't need to show anyone any respect!*, it thought.

So, to the horror of the people, the donkey leapt up and shook the idol of its back. What happened next, I'm sure you don't need my help to imagine!

*/ Every moment, be aware that you are an instrument of the Divine. Don't let your ego get in the way! Surrender the ego, and Existence will take care of you. Put out your sooty little lamp and open the door; let the glorious moonlight of the Divine flood your room! /*

# 10 / THE WORRY EXCHANGE OFFER /

In a certain kingdom, it came to the king's notice that everybody was unhappy, because they found themselves burdened with more than their fair share of worries, while no one else seemed to have any major worries at all.

So the king announced a mega 'Worry Exchange Offer', where people could trade their big worries for others' minor ones. A vast space was made ready, in the center of which stood a giant Worry Pot. Here each person could happily dump his own worries and pick up the worries of anyone else they chose.

The entire kingdom gathered for the event. People brought in their worst worries, happy to trade them for another's - for surely, other people's worries would be far easier to endure! Strangers met and starting talking to each other, discussing the worries they had brought in to exchange.

In due course, the event was declared open. An announcement was made asking all those interested in exchanging their worries to come forward and drop their worries in the pot. The only condition was that they choose an equal number of worries from the other worries which were on offer. Surprisingly (or not surprisingly), not a single person came forward to make the exchange, and eventually the event had to be declared closed due to lack of public participation!

*/ How long will you focus on your own problems? Turn your focus outward. When you begin to perceive yourself as an element in the awesome flow of Existence that envelops all, the pride and pain of personal gain and loss disappear naturally. By opening yourself to the pain of others, you blossom into a deeper realization of your own self. /*

## *11 / TO BECOME A BUDDHA /*

Zen masters are famous for their unconventional methods of educating their disciples.

On Zen master had a disciple who was intelligent, diligent and sincere. His only problem was that he had no patience with long and arduous techniques for attaining enlightenment.

Every day he would apprach the master and ask him, "Just tell me master, when will I become like Buddha?" The master would simply smile and offer no answer.

Working day and night, practising every technique according to the master's instructions, and still finding no answer, the disciple became crazed with the thirst for enlightenment.

Finally, one day he decided that the quest was simply not worth it. He went to the master and demanded, "Tell me one thing before I leave. Am I ever going to become like Buddha or not?"

In answer, the master slapped the disciple furiously across the face.

In that instant, the disciple awakened to his true nature.

*/ What did the master mean by that slap? Was he admonishing the disciple for hoping for too much? NO. The master simply had to jolt the disciple into the awareness that he was* already *a Buddha! How can you want to become something you already are?*

*We all go through life as sleeping buddhas, completely unaware of the divinity of our own nature. As with the lion and the sheep, it takes a master to show us our true face! /*



# OUR CENTRES WORLDWIDE

## BAHRAIN

Baby Eswaran
Dr. E. Ravichandran
Bldg 2474, Road 2737, Block 927
East Riffa, Kingdom of Bahrain
E-Mail: raviic@yahoo.com
raviic@hotmail.com

## INDIA

### BANGALORE

Smt.Chitra Narang
9, North Park Road, Kumara Park East
Bangalore-560001
Ph: 2260823 / 2258796

Smt.Danalaxmi Rajasekaran
G.C.Fairfield Apt, 12, Benson Cross Rd
Benson Town, Bangalore-46
Ph:3540188

Smt.Jagani Jagadish
75 Osborne Road, Next to Mudaliar
Sangam, Bangalore-560042
Ph: 5548390 / 5548850

Smt.G.Kamala Bai
2, Staff Quarters
Kumara Krupa Guest House
K K Road, Bangalore 560 001
Ph: 22259402 / 22259444

Smt.Kamala Krishnamurthy
3367/J, 3rd Main Road, HAL 2nd Stage
Bangalore - 560 008
Ph:080-5276700/5278700 Mob:94480 40377

Sri. R. Krishnan
1054, A Block, 9th Cross
Sahakara Nagar, Bangalore -92

Smt. Latha Rajaiah
40, 4th Main, 3rd Stage, BEML Layout
Rajarajeshwari Nagar, Bangalore 560039
Ph: 8602707

Dr.Maniam (Nagasubramaniam)
Smt.B.S.Padma
Yoga / Natural Health Centre, 3, 1st Main
Sampige Layout, Bangalore 560079
Ph: 3286859 / 3289967

Sri Muthuraman
Smt. Meenal Muthuraman
1/E Assaye Road, 3rd Cross
Bangalore 560042
Ph: 5366855 / 5302722 Mob: 9845073176

Sri. Manmatha Rao Kandagale
Smt. Shakuntala M. Rao
5/11, 5th Main Road, Gokula 1st Stage
1st Phase, Mathikere, Bangalore 560054
Ph: 3376046

Sri. A. R. Murthy
1526, B Block 40, Neelasandra
Bangalore 560 047
Ph: 5366855 (o) 56692650 (r)

Smt. Mythili Balasubramaniam
102, Hoysala Apartments, Cunningham Road, Bangalore 560052
Ph:080-2207885

Smt. Meena Muthu
3011, 12th B Main,
5th Cross, Indiranagar, Bangalore 560038
Ph: 080 - 5275577 / 5270425

Sri.Narayanan
Smt. Alamelu Narayanan
34, P&T Colony 2nd Block
RT Nagar Bangalore 560 032.
Ph: 3330786, Mob: 31830456

Smt. Nalini Rajanna
174, Defence Colony,1st Cross
HAL 2nd Stage Bangalore 560038
Ph: 5283149

Smt.Prabha
360, 7th Main, HAL 2nd Stag
Bangalore 560038

Sri. Pandivel
48, 4th Main, HAL 3rd Stage, New Thippasandra, Bangalore 560075
Ph: 5292464

Sri. Palaniyappan
Ph: 5551505 / 5302681 (O) 5492836 (R)

Smt. Rahila Sujatha Santhanam
882, "Srinivas"1st Stage, B.M.Kaval,
Bangalore 560052
Ph: 5251255, 51153624 Mob: 98450 43970

Smt. Raj Bathija
103, Royal Manor Apts, 70 Cunningham Road, Bangalore 560 052
Ph: 2267546

Sri. P. L. J. Ramanathan
Smt. Meena Ramanathan
Plot No.24, Aishwarya, 1st Main Road,
Udayanagar, Bangalore 560016
Ph: 080 - 8518111 Mob: 9448040092

Smt. Raji
862, 3rd Cross, 7th Main, HAL 2nd Stage
Bangalore 560008. Mobile: 98455 45530

Sri.S.R.M.S.Ramasamy
Smt.Lakshmi Ramaswamy
34, P&T Colony, 2nd Block, R.T.Nagar
Bangalore 560032
Ph: 3330786 / 3535760

Sri.R.Ramesh Babu
Sri.A.Sudhakar
Smt. P. Poornima
7(New no.13) SNT Street, Ulsoor,
Bangalore 560008
Ph: 080 - 5551012, 5564198, 31820152

Smt. Revathi Ganesh
810, 17 F-1 Main, 6th Block
Koramangala
Bangalore 560095
Ph: 080 - 5533717 (R) 5582510 (O)

Sri. P. K. Subramaniyan
Smt.S.Menaka
Sri.S.Pandiyan
Smt.Rajeshwari
Sri.S.P.Magesh
Smt.Vandana
Peekayam Gas Car Works
Hosapalya, Madivala Post
Bangalore - 560068
Ph: 080 - 5731531

Sri. Saravanan
Smt. Shanthi Saravanan
1/E, Assaye Road 3rd Cross
Bangalore 560 042
Ph: 080-5366855 (r) 5302681 (o)

Sri. M. R. Sridhar
111, Sannidhi Road,
Basavangudi
Bangalore 560 053
Ph: 080-6674075 (r) 2873052 (o)

Dr. Sudhir Salunky
7, NSI Street, 2nd Cross, KPW
Bangalore 560020
Ph: 3362867 Mob: 9844268795

Smt. Shalini Arvind
Smt. Kritika Arvind
193, 5th cross, NGEF Layout
Sadanand Nagar, Bangalore 560038
Ph: 080-5248843

Sri.H.L.Sridaramoorthy
47/1, Mount Jay Road Hanumanthanagar
Bangalore 560019
Ph: 6529262 / 31821048

Smt. Sujatha Sridhar
203, 8th Main, Mathikere Extn
Bangalore 560 034
Ph: 080-360628

Smt. Seetha Valliappa
434, 3rd Block,3rd cross, 16th Main,
Koramangala, Bangalore 560095
Ph: 080-5533753

Smt. Uma Annamalai
221, Upper Palace Orchard
Bellary Road, Bangalore 560080
Ph: 3612360

Smt. Usha Rani D
417, 1st Cross, 6th Main, Sadananda
Nagar, NGEF Layout, Bangalore 560 038.
Ph: 5341693

Smt. Valli Muthaiah
"Resham", 34 R.M.Vilas Extn
Sadashivnagar, Bangalore
Ph: 080 - 3610900

Sri. Vairavan
Smt. Valli Vairavan
321, 6th Main, HMT Layout
RT Nagar, Bangalore 560032
Ph: 3634646

Sri. AVR. Vasudevan
371, 24th B Cross, 9th Main
BSK 2nd Stage Bangalore 560070 Ph: 080 - 6715815 / 5320754

Smt. Vijayalakshmi Shankar
175/1, I Floor, I Cross, 5th Main, Defence Colony, HAL 2nd Stage, Bangalore 560038
Ph: 080-5292081

Smt. Vijaya Rajagopal
274, 3rd Block,17D Main, 53rd E Cross
Rajajinagar, Bangalore 560010
Ph: 080-3350993

## CHENNAI

Smt. S. P. Chithra
6, Krishna Apartments, 7, III Floor, Pull Avenue, Shenoy Nagar, Chennai.
Ph: 044 - 2644 0871

Smt. Meyyammai Murugappan
'The Laurels", No. 9, Chittarajan Road, Teynampet, Chennai – 600 018
Ph: 044 - 2434 8207

Smt. Dr. P. Padmavathi
7/4, Damodaran Street, T. Nagar
Chennai – 600 017
Ph: 044 - 2434 1264

Sri V.R. Ramanathan
Smt. V.R. Annapoorni
Smt. Valli Ramanathan
1/283 "Sripuram"
Thoraipakkam, Chennai-600 096
Ph: 044 - 2496 1939

Sri S. Ramanarayanan
Smt. R. Lakshmi
39, 1st Main Road, CIT Colony
Mylapore, Chennai – 600 004
Ph: 044 - 2499 3316 / 2499 3940

Smt. Seetha Muthaiah
11, South Avenue, Srinagar Colony
Saidapet, Chennai – 600 015
Ph: 044 - 2235 0339 / 2235 2627

Smt. Sivagamasundari
4/4, Appaswamy Street, 7th Avenue
Harrington Rd. Chetpet, Chennai – 600 031
Ph: 044 - 2822 1515

Smt. R. Umayal
24, Arunachalam Road
Kotturpuram, Chennai – 600 085
Ph: 044 - 2447 0855

Smt. Visalakshi Ramasamy
20, Ganapathy Colony
Alwarpet, Chennai – 600 018
Ph: 044 - 2433 3406

Sri. Valliappan
14, Nathamuni Street
Shenoy Nagar, Chennai – 600 030
Ph: 044 - 2647 1870

Smt. R.M. Valliammai
New No. 21, Ambadi Road
Kotturpuram, Chennai – 600 085
Ph: 044 - 2447 0225 Mob: 098400 71043

COIMBATORE

Sri. Krishnamurthy
N' Block, 3-A, Kovalpudur
Coimbatore - 641 042.
Ph: (0422) 2607818

Smt. Mathaji Ruckmani Devi
253, Balaji Nagar, Chikkaram Palayam PO
Coimbatore Dt – 641 104
Ph: 04254-273 734, 0423-244 0778

Sri. R. Subramaniyan
Nature Cure Center, I.O.B. Colony
Marudamalai
Coimbatore - 641 046.
Ph : (0422) 2422339, Mob: 98422 - 93322

DHARMAPURI

Sri. K . Somasundaram
Devarajapalayam, Bairanathan (Post),
Pappireddipatty (T.K)
Dharmapuri ( D.T ) - 636 905.
Ph: 04346-249150

Smt. K. Vasuki
152/2, G.K. road, Papayapatti
Pudhur(Post), P.R. Patti TK
Dharmapuri District
Mob: 094346 242456

ERODE

Sri.P.Ramanathan
16, Karuppanna Swami Koil Street
1st Floor, Surampatti Road
Erode - 638009.
Ph: 0424 - 2275125 / 2263980

Sri. P. Muruganandham
129, Muthusamy Street, Fort
Erode 638 001
Tel: 0424 2251019

GUDIYATHAM

Smt. Amutha & Sri. Nitty
1/120, Polytechnic Road
Gandhi Nagar
Gudiyatham - 632 604.
Ph: (04171) 228677 Mob: 9443364889.

HYDERABAD

Smt. Nirmala
Flat No: 315 - 316, B ' Block
May Flower Park
Nacharam Road
Hyderabad - 500 076
Ph: (040) 27176290

KOLAR

Smt. S. Umadevi
Shankara Vidyalaya, Opp. R.T.O.
Kolar 563101
Ph: 0424 220459, 2251019

MUMBAI

Smt.Mala Sridhar
44,Bhagirathi
Afghan Church
Colaba, Mumbai-400005
Mob: 98204 04431, Ph:22176312

Sri. Suresh Uberoi
Smt.Yashodhara Uberoi
Meghna Uberoi
5,Golden Beach Society
Ruia Park
Gandhi Gram Road
Juhu
Mumbai - 400049
Mob: 980063247 / 98203 51717
Ph: 022 - 26201823

Sri. Satish & Ritu Panjabi
508, 'Mansarovar'
Mt. Pleasant Road
Malabar Hill, Mumbai - 400006
Mob: 98211 71755 / 33698416
Ph: 022 - 23698416

NAMAKKAL

Sri. R. Thiagarajan
Mrs.Soundaram Thiagarajan, 35
Kamarajar Nagar, Pattam Road, Rasipuram
Namakkal (D.T) - 637408
Ph: (04287) 224770

OOTY

N.Jagannathan
S/O K.M Nanjan, Kilkavatty PO
Nilgiris-643004.
Ph: 0423-255078

PONDICHERRY
Sri N. Ganesan
101-Canteen Street
Pondicherry – 605 001
Ph: 0413 - 233 1214

PUDUKOTTAI

Smt. C. Adaikammai
108, Nizam Colony, Pudukottai – 622 001

Sri D.M. Chinniah
108, Nizam Colony, Pudukottai – 622 001

POLLACHI

Smt. Sitaa
Kalingarayar, 'Aranmanai'
Zamin Uthukuli, Pollachi - 642004
Ph: 04259 - 225781

## SALEM

Sri G. Aribaskaran
Smt. Yasotha Govindrarajan
4/218, V. K. N. Colony, Swarnapuri
Salem – 636 006
Ph: 0427 - 244 848

Sri S. Appusamy
9B/4, OM Sakti Illam
Tharamangalam Road, Salem – 636 052

Sri P.L. Alagappan
Sabari Illam, 38/376, Kandappa Colony
New Street, Annathanapatti, Salem.
Ph: 0427 - 222 1974

Sri D. Rajaram
Smt. Thilagavathi
Sri Balaji
Sri Kannan
53/30, 6th Cross, Narayana Nagar
Kithchipalayam, Salem – 636 015
Ph: 0427 - 225 1742

Sri K.P. Everest
2, Sannadhi Street
Subramanya Nagar,Salem 636 005
Ph: 0427-244 7730

Smt.K.Gomathi
9B 4th Pillayar Koil Street, Guha
Salem - 636006
Ph: 0427-2218492

Dr. K. Jegadeesan
68, Anbu Nagar, Manakkadu
Salem – 636 007
Ph: 0427-242 2049

Sri N. Kannan
C-20, Tamilnadu Housing Board, Phase II
Iyamperumalpatti, Salem – 636 008

Sri P. N. Kandaswami
77-J, Kaveri Avenue, Amirithanantha Kudir
M.D.S. Nagar, Hausthumpatti
Salem – 636 016
Ph: 0427-231 3560

Sri R. Krishnaraj Chettiyar
52/7, Sanyasi Gundu Extn, Kitchipalayam
Salem – 636 015
Ph: 0427 - 226 2242 / 222 307(O)
Mob: 094432 21327

Smt. K. Mangayar Karasi
77-I, Kavery Avenue, Amirithanantha Kudir
M.D.S. Nagar, Hasthumpatti
Salem – 636 016
Ph: 0427 - 231 3360

Sri B.S.S.Mani & Smt. M. Kalpana
15, Lakshmi Chetty Road
Shevapet, Salem – 636 002
Ph: 0427-221 5348  Mob: 0427-221 5348

Sri P.L. Mohan
3/398 B Ittery Road, Nethimedu
Salem – 636 002
Ph: 0427 - 227 0712

Sri A. Muralidharan
34, Ramu Illam, Five Roads
State Bank Colony, Salem
Ph: 0427 - 310 0541

Sri M.Manickam
Smt. M. Bharathi
S/o. Muthu Gounder
Koottathupatty (PO), Salem - 636 139
Ph: 0427 - 248 7628

Sri R. Mathu (Sweet Merchant)
Junction Main road
Tharamangalam, Salem – 636 016
Ph: 0427 - 244 9246

Sri M. Murali
Murali Coffee Bar
5 DD Road,Opp. Alankar Theatre Salem

Sri H. Noble Maria Regis
24, Indra Nagar, Narasethipatti
Salem – 636 004
Ph: 0427-244 7934

Smt. R. Nalina
6, Vivekananda Avenue
K.A.S. Nagar, Salem – 636 004

Sri Oshomani
A Classic Acu Touch Clinic, 55A, Ayyavu
Strteet, Udayar Palayam, Attur, Salem
Ph: 04282-253 874  Mob: 098427 67668

Sri S.K. Prasad
Smt. Vani Prasad
Advocate & Notary Panel Advocate
23, Sriram Nagar, Behind Premier Roller
Flour Mills, Reddiyur, Salem – 636 016
Ph: 0427- 444 429

Sri R. M. Palaniyappan
25, Kannara Street, Shevapet
Salem – 636 002
Ph: (O) 0427-220 245 (R) 220 624

Sri A.V. Prakasam
Kumar Shirts, 142, 1st Agraharam
Salem – 636 001
Ph: 0427 - 224 1352

Dr. K.K. Rajagopal
Kamala Hospital
256, 2nd Agraharam, Salem
Ph: 0427-226 0468

Sri T. Rangaraj
24, Salai Road, Salem – 636 001
Ph: 0427 - 226 9086

Sri P. L. Ramasamy
76 / 7, Shankar Nagar, Salem – 636 007
Ph: 0427-241 4636

Smt. Sivashakti Leela
W/o. P. Ganesan
4/96, Kathavarayani Koil, Thalavaipatti
Post, Sithanoor, Salem – 636 302
Ph: 0427-240 0675 / 240 0272

Sri P. Suriya Kumar Anbazhagan
173, Gnana Subramanya Nagar
Thoppukadu, Fairlands, Salem – 636 016

Sri Sridhar
9, Krishnan Koil Street, Salem – 636 001
Ph: 0427-225 3976

Sri M.P. Sekar
19-A, Sannadhi Street, Subramaniya Nagar
Salem – 636 005
Ph: 0427-244 4168

Sri Saluja Anand Kumar
33, Vidyalaya Road, Salem – 636 007
Ph: 0427-231 6926

Sri Sudhakar
Tower House, 80, Cherry Road
Salem – 636 007
Ph: 0427 - 231 2702

Dr. Sridhar
7A, Sankar Nagar, Salem – 636 007
Ph: 0427-242 0523

Sri Thangavelu
Sri T. Senthil Kumar
Smt. Punidavathi
94, Greenways Road, Fairlands
Salem – 636 016
Ph: 0427 - 2447396

Smt. R. M. Sigappy
76/7, Shankar Nagar, Salem – 636 007
Ph: 0427-310 0664

Sri M.S.P. Subramaniam
Smt. Lalitha Subramaniam
Srilakshmi
2B, Sarada College Rd., Salem – 636 007
Ph: 0427 - 231 3795 / 231 2969

Sri R. Shashidhar
4/93, Greenways Road, Fairlands
Salem – 636 016
Ph: 0427-244 7142

Smt. K. Sumathi
1A/1, Yercaud Main Road, North Side of
Collectors Bungalow, Salem – 636 007
Ph: 0427 - 240 0242

Sri.Tholkappiam
5-D, Kasakanoor, Salem 636 005
Ph: 0427 - 2442638

Smt. K. Unnamalai
Mettupatti Thathanoor (PO)
Ayodhyapattanam (Via), Salem.
Ph: 0427 - 248 4837

Smt. Vasantha
26, Marimuthu Street, Ammapet
Salem – 636 003
Ph: 0427 – 224 1352

TRICHY

Sri. A Sheik Mohammad
5, 2nd Floor,Tab Complex, Cantonment,
Trichy
Ph: 0431-240283

YERCAUD

Smt S.P. Geetharaj
House of Peace, Ram Road, Yercaud
Ph: 04281 - 222 262

Smt. Madhavi Kannappan
Marylands Estate, Pattipali
Yercaud – 636 660
Ph: 04281 - 222 350 / 222 351

Sri L.R.M. Valliappa
Smt. V. Vasantha
Vasambadi Estate
Yercaud – 636 601
Ph: 04281 - 222 282 Mob: 094432 22282

## NORWAY

Smt.Ellen Elisabeth Ramsoey
Hans Aanrudsuei, 18B, 2618
Lillehammer
Norway
Email: eeramsoey@hotmail.com

## UNITED KINGDOM

Smt. Radhika Vadiraja
4, Chestnut Court
37, Bath Road, Hounslow
Middlesex TW3 3BP
United Kingdom
Email: anadesai@hotmail.com

## USA

Smt. Ana Ahluwalia
4525, Olde village CR
Edmond, OK - 73013, USA
Ph: + 405 475 9450
M: + 405 54 8106

Sri. Chowdappa Ramakrishnan
108 APT 'G' West Constitution
Norman OK 73072

Sri. Niranjan Krishnamoorthy
10340, Maya Linda Road, B-106
San Diego CA 92126
Ph: + (858) 5368992 M: + (858) 9223293
Email: nkmoorthy@hotmail.com

Dr. R. G. Krishnan M.D., F.R.C.S.
31, Snowberry Guide
Venitia - PA 16367

Sri. Ram Vairavan
1647, Andorre Glen
Escondido CA 92029
Ph: + (760) 2330733
M: + (760) 4435598
Email: theangeloflaw@aol.com

Smt. Rashmi Ramaprasan
939, Azure Street
Apartment 4
Sunnyvale, CA 94087
Ph: 408-887-9646

Smt. Sharmila Mackallor
5788, Rochester Court, San Jose
CA 95123
Ph: 408 - 227 - 9645
Email:milla@omshakti.com

Sri. Siva Vallabhaneni
1009 Caines Hill Road, Edmond OK 73034
Ph: + 405 330 6363 M: + 405 204 1766

Sri Subu Subramanian
Smt. Nacha Subramanian
Krishna Subramanian
Nachi Subramanian
41816, Mission Cielo Court
Fremont, CA 94539
Ph: 510-668-1750
Email: subu@ix.netcom.com,
ksub@conceptk.net

Dr. Swarna Reddy
869, Floros De Oro
S.Pasadena, CA 91030
Ph: 323-255-9988
Email: swarnareddy26@yahoo.com

Smt. Vijaya L Malpani
1617 Queens Town RD
Okla City OK 73116
Ph: + 405 843 2770
Email: malpani@aol.com



Dhyana Peetam

Nithyanandapuri,
Mysore Road, Bidadi
Bangalore District,
Karnataka, INDIA.
Ashram : 91-80-7270181
Secretary: 37803444
City Centre: 91-80-56691844, 56703444
email: mail@dhyanapeetam.org
www.dhyanapeetam.org



*The story of life goes on..!*